

Readers Offers and Competitions

Mothers to be - win a treatment from Image Beauty Salon, Ipswich

Sue Carter the owner of Image Beauty decided to invest in couch especially designed for pregnant women as she has two children and knows how uncomfortable the last trimester can be.



Now it is possible for pregnant woman to relax in a face down position during a massage and have a comfortable leg wax. Built on a solid reinforced frame the couch has two recesses for the breasts and one large recess for the bump. It is quite safe for pregnant women to have a massage it relaxes both mother and baby. At Image you are in safe hands, their senior therapists have had extensive training in massage techniques for mother and baby. Their therapists will guide you as to which oils and products are safe in each trimester of the pregnancy so baby and mother are in very safe hands.

To win a massage at Image visit www.familiesuffolk.co.uk/competitions and answer the question: what type of classes are on offer at the salon? (tip: check out page 3 for help)

Terms and conditions apply. Closing date: 28th February 2013

Fluffy Friends

Start saving money in 2013 at Gladwells Pet & Country Store.

Located in Copdock village, the store stocks a huge range of pet and animal food, and bedding, in all pack sizes. We also stock a huge range of accessories for all your pets at fantastic prices. So if it's a bag of food for Hammy your hamster or a treat for Derrick the rabbit, make Gladwells Pet & Country Store your one stop shop for your pet supplies this festive season. For 10% off all your retail small animal purchases simply quote "Families" when making your purchase. With ample parking, help to load if required, and knowledgeable staff, shopping for your pets has never been so easy.

Forgotten that Christmas gift for Dale the reptile? Its not too late, we now stock a huge range of vivarium's and accessories for reptiles and tortoise. We also stock a large range of food with fantastic offers available every week.

Outdoor wear for all eventualities, a complete floor stacked with bargains in fishing tackle and equipment, Country Clothing, Equine wear and much more. Gladwells Pet & Country Store, 100 years of serving Ipswich and the surrounding communities.

Find us on Facebook at www.facebook.com/gladwellspetcountrystores or visit www.copdockmill.co.uk and follow the link to the country stores.

Discount is available on retail purchases only until Saturday 26th January 2013 and is not transferable.

Small animal discount applies to Rabbit, Hamster, Guinea Pig, Rat, Mouse, Reptile, Ferret, and Chinchilla.

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- Children's parties including Decopatch.

E1.50 off ceramic painting with this advert

Open 7 days a week, no need to book
Monday - Saturday 9.30am - 5.30pm
Sunday 10.30am - 4.30pm

Crown & Anchor Mews
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01473 216865 - info@pennikitypots.co.uk - www.pennikitypots.co.uk

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10% DISCOUNT ON ALL SMALL ANIMAL AND REPTILE FOOD AND ACCESSORIES. ENDS 26TH JANUARY 2013

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